

# Southampton County Public Schools

## Student Wellness

*Starts with healthy meals!!*

Join us in promoting a healthy lifestyle for all students and staff!

Included in our wellness policy:

- ★ Nutritious meal options in the cafeteria
- ★ Opportunities for daily physical activity
- ★ Education and programs to promote wellness
- ★ Guidelines for fundraisers that support healthy habits
- ★ Together, we can create a healthier school community!
- ★ SCPS wellness policy and plan include:



For more information visit <https://tinyurl.com/SCPSNutrition> or call Mr. Floyd, Student Nutrition and Food Services Supervisor  
757-653-2692