



# Word of the Month partience

n. 1. endurance of hardship or inconvenience without complaint2. calmness and self-control in the face of delay3. understanding of others' difficulties

### Monday, November 3 Ham/Cheese/Bun

Choose one or two: Chuckwagon Beans Potato Rounds

Choose one: Fresh Fruit

#### Tuesday, November 4

Chicken Nuggets/ Roll

Choose one or two: Mashed Potatoes Green Beans

Choose one: Fresh Grapes

#### Wednesday,

Fish Sticks/Roll

Choose one or two: Glazed Sweet Potatoes Mixed Greens

Choose one: Pears

#### Thursday, November

Beef Vegetable Soup with Max Cheese Sticks

Choose one: Baby Carrots

Choose one: Fresh Fruit

#### Friday, November 7

Stuffed Crust Pepperoni Pizza

Choose one or two: Tossed Salad With Tomatoes

Choose one: Pineapple

## DON'T4GETI



Fresh Grapes Pears So your meal counts as a complete lunch!

#### Monday, November

Hotdog/Bun

Choose one or two: Baked Beans Sweet Potato Fries

Choose one: Fresh Fruit

#### Tuesday, November

Hamburger/Bun

Choose one or two: French Fries Vegetable Medley

> Choose one: Peaches

#### Wednesday,

Spaghetti/Meat Sauce with Roll

Choose one or two: Romaine Salad With Tomatoes

Choose one: Fresh Fruit

#### Thursday, November

BBQ/Roll

Choose one or two: Coleslaw Green Beans

Choose one : Mixed Fruit

#### Friday, November 14

Cheese Pizza

Choose one or two: Corn Fresh Carrots

Choose one: Applesauce



#### Monday, November

Corndog

Choose one or two: Chuckwagon Beans Potato Rounds

Choose one: Fresh Fruit



Stephen Crane -- Nov. 1
Mathew McConaughey (45) -- Nov. 4
Emma Stone (26) -- Nov. 6

Shailene Woodley (23) -- Nov. 15

Abigail Adams -- Nov. 22

Macy's Day Parade (90) -- Nov. 27

Students may purchase meals by the day, week, month or year.

Menus are subject to change without notice due to product availability.

Don't forget your breakfast and lunch money!

#### Tuesday, November

Chicken Nuggets with Roll

Choose one or two: Mashed Potatoes Green Beans

Choose one: Peaches

#### **BREAKFAST MENU:**

Daily entrée choices include cereal/graham crackers OR sausage biscuit. Other choices include:

Monday—Breakfast Pizza Tuesday—Pancake/Sausage Wrap Wednesday—Mini Pancakes Thursday—Cinnamon Roll Friday—Pop Tarts

Juice and fruit served daily. Choice of cold milk served daily.

Students must select at least one fruit or juice but may take both.



#### Wednesday,

Hamburger/Bun

Choose one or two: French Fries Baby Carrots

Choose one: Fresh Fruit

#### Thursday, November

Turkey/Dressing/ Gravy With Roll

Choose one or two: Collard Greens Sweet Potato Casserole

Choose one:

#### Friday, November 21

Stuffed Crust Pepperoni Pizza

Choose one or two: Tossed Salad with Tomatoes

> Choose one: Fresh Fruit

#### First things First \_- New This Year!

Choose at least ONE serving of FRUIT and at least THREE items TOTAL so your meal counts as a Complete Breakfast!

BREAKFAST@SCHOOL For first-class learning!

#### Monday, November

Hotdog/Bun

Choose one or two: Baked Beans Sweet Potato Fries

> Choose one: Fresh Fruit

Choice of Cold

#### Tuesday, November

Cheeseburger/Bun

Choose one or two: Corn French Fries

Choose one: Applesauce

Choice of Cold



Other lunch entrée choices: Small Chef Salad, Yogurt/Cheese Stick, Chicken Salad, Tuna Salad & Pizza Students may select one of these choices or the menued entrée.

