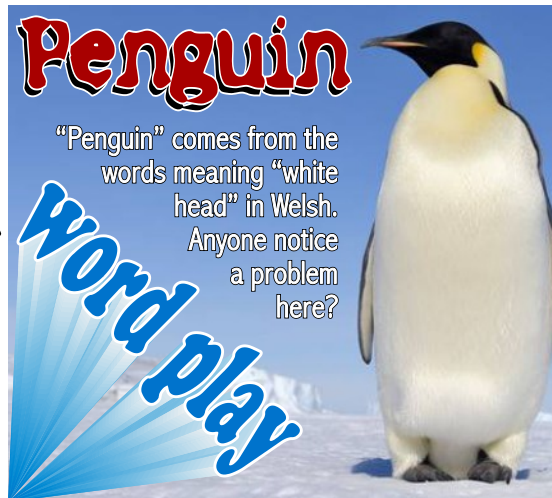
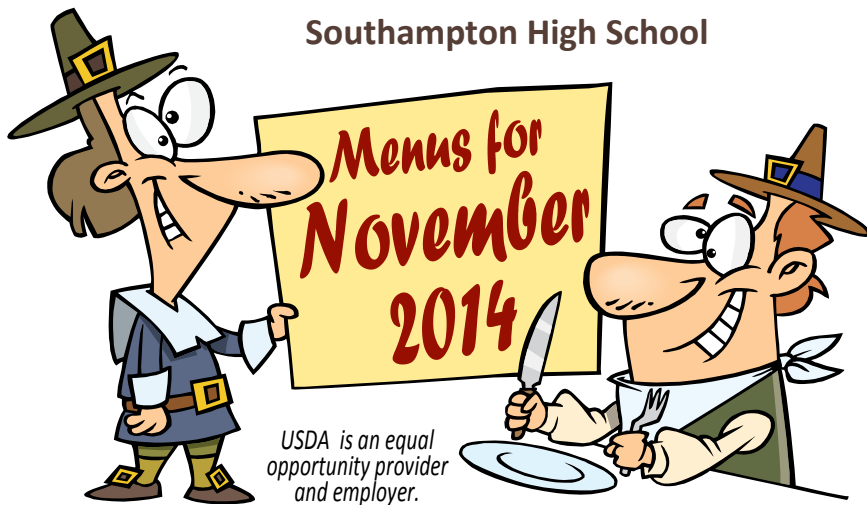


# Southampton High School



## Word of the Month pa·tience

- n. 1. endurance of hardship or inconvenience without complaint  
2. calmness and self-control in the face of delay 3. understanding of others' difficulties

### Monday, November 3

Ham/Cheese/Bun

Choose one or two:  
Chuckwagon Beans  
Potato Rounds

Choose one or two:

### Tuesday, November 4

Chicken Sandwich

Choose one or two:  
Mashed Potatoes  
Green Beans

Choose one or two:  
Fresh Grapes

### Wednesday,

Fish Sandwich

Choose one or two:  
Glazed Sweet Potatoes  
Mixed Greens

Choose one or two:

### Thursday, November

Beef Vegetable Soup with Max Cheese Sticks

Choose one:  
Baby Carrots

Choose one or two:  
Fresh Fruit

### Friday, November 7

Stuffed Crust Pepperoni Pizza

Choose one or two:  
Tossed Salad With Tomatoes

Choose one:  
Pineapple  
Fresh Fruit

## DON'T 4 GET!



... and at least three of the five items total so your meal counts as a complete lunch!

### Monday, November

Hotdog/Bun

Choose one or two:  
Baked Beans  
Sweet Potato Fries

Choose one or two:  
Fresh Fruit

### Tuesday, November

Cheeseburger/Bun

Choose one or two:  
French Fries  
Vegetable Medley

Choose one or two:  
Peaches

### Wednesday,

Spaghetti/Meat Sauce with Roll

Choose one or two:  
Romaine Salad With Tomatoes

Choose one or two:  
Fresh Fruit

### Thursday, November

BBQ/Roll

Choose one or two:  
Coleslaw  
Green Beans

Choose one or two:  
Mixed Fruit

### Friday, November 14

Cheese Pizza

Choose one or two:  
Corn  
Fresh Carrots

Choose one or two:  
Applesauce



## Monday, November

Corndog

Choose one or two:  
Chuckwagon Beans  
Potato Rounds

Choose one or two:



## NOVEMBER BIRTHDAYS

Stephen Crane -- Nov. 1

Mathew McConaughey (45) -- Nov. 4

Emma Stone (26) -- Nov. 6

Shailene Woodley (23) -- Nov. 15

Abigail Adams -- Nov. 22

Macy's Day Parade (90) -- Nov. 27



Students may purchase meals by the day, week, month or year.

Menus are subject to change without notice due to product availability.

Don't forget your breakfast and lunch money!

## Tuesday, November

Chicken Sandwich

Choose one or two:  
Mashed Potatoes  
Green Beans

Choose one or two:  
Peaches

## BREAKFAST MENU:

Daily entrée choices include cereal/graham crackers OR sausage biscuit. Other choices include:

Monday—Breakfast Pizza

Tuesday—Pancake/Sausage Wrap

Wednesday—Mini Pancakes

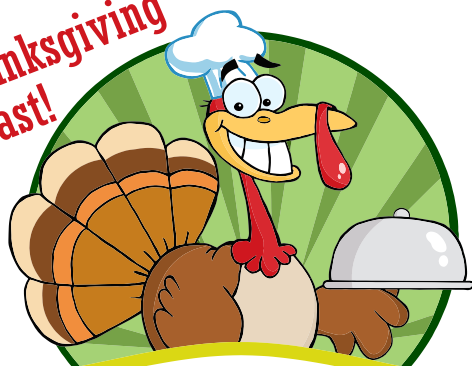
Thursday—Cinnamon Roll

Friday—Pop Tarts

Juice and fruit served daily.  
Choice of cold milk served daily.

Students must select at least one fruit or juice but may take both.

**Thanksgiving Feast!**



**Thursday, November 20**

## Wednesday,

Cheeseburger/Bun

Choose one or two:  
French Fries  
Baby Carrots

Choose one or two:  
Fresh Fruit

## Thursday, November

Turkey/Dressing/Gravy  
With Roll

Choose one or two:  
Collard Greens  
Sweet Potato Casserole

Choose one or

## Friday, November 21

Stuffed Crust  
Pepperoni Pizza

Choose one or two:  
Tossed Salad with  
Tomatoes

Choose one or two:  
Fresh Fruit

*First things First -- New This Year!*

**Choose at least ONE serving of FRUIT and at least THREE items TOTAL so your meal counts as a Complete Breakfast!**

**BREAKFAST@SCHOOL**  
For first-class learning!

## Monday, November

Hotdog/Bun

Choose one or two:  
Baked Beans  
Sweet Potato Fries

Choose one or two:  
Fresh Fruit  
Pineapple

## Tuesday, November

Cheeseburger/Bun

Choose one or two:  
Corn  
French Fries

Choose one or two:  
Applesauce  
Fresh Fruit



Other lunch entrée choices:  
Yogurt/Cheese Stick, Chicken Salad, Tuna Salad, Nachos & Pizza. Salad Bar

Students may select one of these entrée choices or the menued entrée.

**THANKFUL...**  
We're For Your Patronage