

SOUTHAMPTON COUNTY PUBLIC SCHOOLS TO HOLD...

5k Run/Walk and Squirt Spurt!

Courtland, VA

Oct. 18, 8 a.m.

Register TODAY!

Call 757.653.2751 for information.

Pick up a registration form in the Southampton High School
Administrative Office. To register online, visit:

www.active.com/courtland-va/running/races/courtland-5k-run-walk-2014

Registration is \$25 (13 and up), \$10 (12 and under).

(Note: After 9/29/14, registration cost is \$30.)

**ALL PROCEEDS GO TO SUPPORT
SOUTHAMPTON SCHOOL SYSTEM
ATHLETICS**

All students and parents are welcome!