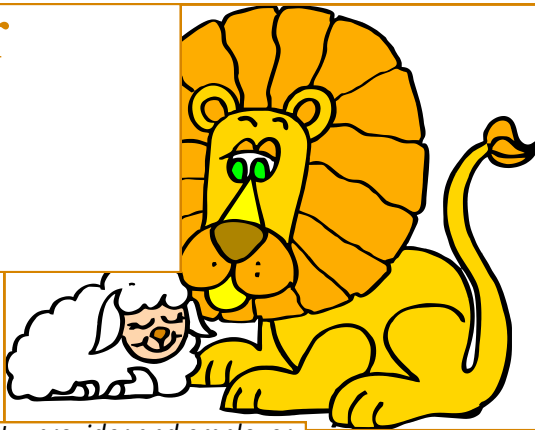


"March comes in like a lion and goes out like a lamb!"

Menus for March 2015

Southampton County
Elementary
Schools



USDA is an equal opportunity provider and employer.

Monday, March 2

Hotdog/Bun

Choose 1 or 2:
Baked Beans
Potato Rounds
Carrots/Tomatoes

Choose 1:
Pears

Choice of Milk

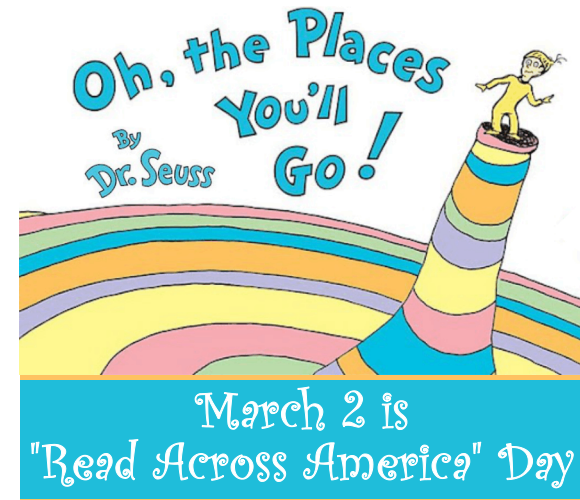
Tuesday, March 3

Taco/Brown Rice

Choose 1 or 2:
Black Beans
Tossed Salad
Carrots/Tomatoes

Choose 1:
Fresh Grapes

Choice of Milk



Wednesday, March 4

Chicken Nuggets/
Roll

Choose 1 or 2:
Mashed Potatoes
Broccoli
Carrots/Tomatoes

Choose 1:
Sliced Apples

Thursday, March 5

BBQ/Roll

Choose 1 or 2:
Coleslaw
Green Beans
Carrots/Tomatoes

Choose 1:
Fresh Orange

Choice of Milk

Friday, March 6

Stuffed Crust
Cheese Pizza

Choose 1 or 2:
French Fries
Corn
Carrots/Tomatoes

Choose 1:
Applesauce



MARCH BIRTHDAYS

Dr. Seuss (Ted Geisel) -- Mar. 2

Harriet Tubman -- Mar. 10

Adam Levine (36) -- March 18

JJ Watt (26) -- March 22

Danica Patrick (33) -- March 25

Aretha Franklin (73) -- March 25



Students may purchase
meals by the day, week,
month or year.

MyLunchMoney.com

Menus are subject to
change without notice
due to product availability.

Monday, March 9

Turkey/Cheese/
Bun

Choose 1 or 2:
Chuckwagon
Beans
Tossed Salad
Carrots/Tomatoes

Choose 1:
Fresh Fruit

Tuesday, March 10

Chicken Nuggets/
Roll

Choose 1 or 2:
French Fries
Green Beans
Carrots/Tomatoes

Choose 1:
Applesauce

START FRESH WITH FRUIT!

Every complete
Breakfast@School
must include
a serving of
fruit. That's
putting FIRST
THINGS FIRST!



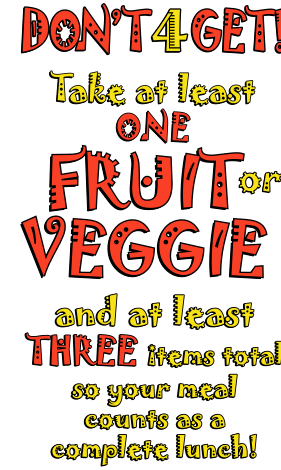
EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Wednesday, March

CornDog

Choose 1 or 2:
Potato Rounds
Broccoli
Carrots/Tomatoes

Choose 1:
Fresh Fruit



Thursday, March 12

Salisbury Steak/
Roll

Choose 1 or 2:
Mashed Potatoes
Corn
Carrots/Tomatoes

Choose 1:
Mixed Fruit

Friday, March 13

Macaroni &
Cheese

Choose 1 or 2:
Green Peas
Carrots/Tomatoes

Choose 1:
Fresh Fruit

Breakfast Menu:Daily choices include

Cereal/graham crackers OR sausage biscuit.

Other choices are:

Monday—Breakfast Pizza

Tuesday—Pancake/Sausage Wrap

Wednesday—Mini Pancakes

Thursday—Cinnamon Roll

Friday—Pop Tarts

(Students may select only one entrée.)

Fruit and Juice offered daily.

(Students must take at least one.)

Choice of Milk daily.

Choice of milk includes:

1% unflavored

Fat free unflavored

Fat free chocolate

Fat free strawberry

**Word
of the
Month**

un·flap·pa·ble

adj. 1. calm and even-tempered, whether facing difficulty or success 2. not easily upset or excited**Monday, March 16**

Hotdog/Bun

Choose 1 or 2:
Baked Beans
Potato Rounds
Carrots/TomatoesChoose 1:
Pears

Choice of Milk

Tuesday, March 17

Taco/Brown Rice

Choose 1 or 2:
Black Beans
Tossed Salad
Carrots/TomatoesChoose 1:
Fresh Grapes

Choice of Milk

**MARCH 17**
**Follow a Rainbow
to a Pot o' Gold!**Daily Lunch Entrée
ChoicesYogurt/Cheese Stick
Small Chef SaladStudents may select
the menued entrée or
one of the above.**Wednesday, March**Chicken Nuggets/
RollChoose 1 or 2:
Mashed Potatoes
Broccoli
Carrots/TomatoesChoose 1:
Sliced Apples**Thursday, March 19**

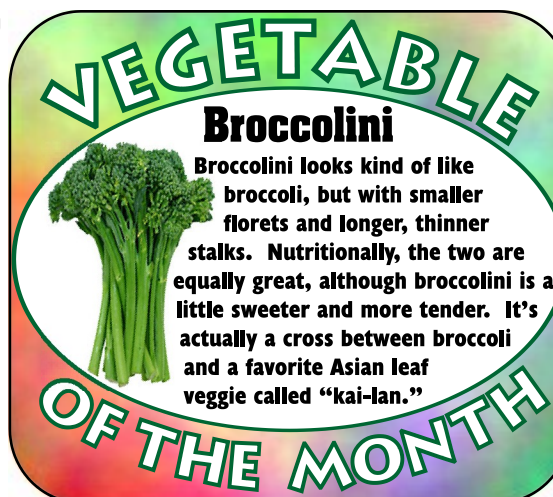
BBQ/Roll

Choose 1 or 2:
Coleslaw
Green Beans
Carrots/TomatoesChoose 1:
Fresh Orange

Choice of Milk

Friday, March 20Stuffed Crust
Cheese PizzaChoose 1 or 2:
French Fries
Corn
Carrots/TomatoesChoose 1:
Applesauce**Monday, March 23**Turkey/Cheese/
BunChoose 1 or 2:
Chuckwagon
Beans
Tossed Salad
Carrots/TomatoesChoose 1:
Fresh Fruit**Tuesday, March 24**Chicken Nuggets/
RollChoose 1 or 2:
French Fries
Green Beans
Carrots/TomatoesChoose 1:
Applesauce**Wednesday, March**

CornDog

Choose 1 or 2:
Potato Rounds
Broccoli
Carrots/TomatoesChoose 1:
Fresh Fruit**Thursday, March 26**Salisbury Steak/
RollChoose 1 or 2:
Mashed Potatoes
Corn
Carrots/TomatoesChoose 1:
Mixed Fruit**Friday, March 27**Macaroni &
CheeseChoose 1 or 2:
Green Peas
Carrots/TomatoesChoose 1:
Fresh Fruit**Monday, March 30**

Hotdog/Bun

Choose 1 or 2:
Baked Beans
Potato Rounds
Carrots/TomatoesChoose 1:
Pears**Tuesday, March 31**

Hamburger/Bun

Choose 1 or 2:
Vegetable Medley
French Fries
Carrots/TomatoesChoose 1:
Fresh Fruit